

Administrative Procedures

AP-620 NUTRITION IN SCHOOLS	Date of implementation: February 5, 2025 Date of update: Date of review:
	Related Administrative Procedures:

Purpose: To promote, support, and guide nutritional wellness within schools that align with provincial and national guidelines. Prairie Spirit believes that when schools play a role in assessing, monitoring, supporting and promoting nutrition, students stand a greater chance of success in learning.

Procedures:

- 1) Schools will focus on understanding and supporting the nutritional wellbeing and nutritional culture of the school and community.
- 2) Schools will strive to create nutrition initiatives/interventions that align with the assessed needs of the school community. This can include applying for grants and partnering with local resources and supports in and around the community.
- 3) School staff should promote nutrition as found in relevant curriculum, classrooms, newsletters and bulletin boards in ways that do not cause shame to students or families. This can include promoting access to food security resources such as food banks, community gardens, etc.
- 4) Preparation and serving of food within the school should adhere to relevant Public Food Safety Standards.
- 5) Schools will ensure that any food production initiatives and projects (indoor and outdoor) comply with Division policies on buildings and grounds and will consult with the Division Facilities designate and Learning Superintendent prior to beginning a project or applying for funding to begin a project.
- 6) Management of funds related to this administrative procedure will comply with Division budget manager policies.
- 7) Schools will strive for cultural awareness and inclusiveness when carrying out this administrative procedure and will align their understanding of nutrition as it relates to provincial and national food guidelines and food literacy.

References:

[Nourishing Minds: Eat Well – Learn Well – Live Well \(Ministry of Education\)](#)
[Canada Food Guide](#)